



MILE TRACKER

YOUR DESTINATION

YOUR TEAM

YOUR NAME

October, 2015

Day	Date	Steps	Miles	Notes
Thu	1			
Fri	2			
Sat	3			
Sun	4			
Mon	5			
Tue	6			
Wed	7			
Thu	8			
Fri	9			
Sat	10			
Sun	11			
Mon	12			
Tue	13			
Wed	14			
Thu	15			
Fri	16			
Sat	17			
Sun	18			
Mon	19			
Tue	20			
Wed	21			
Thu	22			
Fri	23			
Sat	24			
Sun	25			
Total				
Goal				